

DEPTT. OF PSYCHOLOGY  
(Academic year 2022-2023)

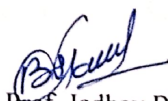


TEACHING PLAN

CLASS-BA FIRST YEAR SEM-I

(PAPER I-BASIC CONCEPT IN PSYCHOLOGY)

MONTH	TOPIC/CHAPTERS	PERIODS
JUNE	<b>UNIT-1-PSYCHOLOGY: SCIENCE AND PERSPECTIVES</b> a. Definition, nature and Goals of Psychology as a Science. b. Types of Psychological Professionals c. Perspectives in Psychology - Structuralism, Functionalism, Gestalt, Psychoanalysis, Behaviorism, Humanistic, Cognitive, Bio-psychosocial- cultural d. Scientific Methods - Steps in Scientific Methods, Descriptive methods:	06
JULY	Naturalistic, Observation, Case Studies, Experimental method: Laboratory experiment and field experiment e. Applications: How to enhance your academic performance? <b>UNIT-II-SENSATION, ATTENTION AND PERCEPTION</b> a. Sensation - Definition, Nature and Process b. Attention - Definition, Types, Determinants, Span of Attention c. Perception-Definition, Gestalt Principles and Perceptual Constancies	15
AUGUST	d. Perceptual Illusions- Geometrical, movement e. Applications - Thinking about Extra Sensory Perception (ESP) <b>UNIT -III-MOTIVATION</b> a. Definition of Motivation - Concept of homeostasis b. Types of Motives - Biological, Social c. Approaches to Understanding Motivation- Instinct Approaches, Drive-	15
SEPTEMBER	Reduction Approaches, Humanistic Approaches. d. Frustration - Sources of Frustration, Types of Conflicts e. Applications - Intrinsic Motivation <b>UNIT-IV-EMOTION</b> a. Emotion - Nature and Definition b. Elements of Emotion- The Physiology of Emotion, The Behavior of Emotion, Subjective Experience.	15
OCTOBER	c. Theories of emotion: James-Lange, Canon Bard, Schechter-Singer and Lazarus d. The facial feedback hypothesis e. Applications - Being Happy	04
	<b>TOTAL PERIOD</b>	<b>55</b>

  
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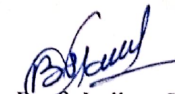


TEACHING PLAN

CLASS-BA FIRST YEAR SEM-I

(PAPER I-BASIC CONCEPT IN PSYCHOLOGY)

MONTH	TOPIC/CHAPTERS	PERIODS
JUNE	<b>UNIT-I-PSYCHOLOGY: SCIENCE AND PERSPECTIVES</b> a. Definition, nature and Goals of Psychology as a Science. b. Types of Psychological Professionals c. Perspectives in Psychology - Structuralism, Functionalism, Gestalt, Psychoanalysis, Behaviorism, Humanistic, Cognitive, Bio-psychosocial- cultural d. Scientific Methods - Steps in Scientific Methods, Descriptive methods:	06
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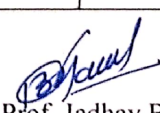
**TEACHING PLAN**

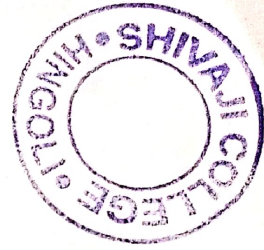
**CLASS-BA FIRST YEAR SEM-II**

**(PAPER I- GENERAL PSYCHOLOGY)**

MONTHS	TOPIC/CHAPTERS	PERIOD
<b>DECEMBER</b>	<b>UNIT-I-LEARNING</b> a. Definition of learning b. Classical conditioning c. Operant conditioning d. Theories of Learning - Thorndike's laws of learning, Cognitive learning theories - Tolman, Kohler, Observational learning theory (Badura) e. Application of Classical and Operant Conditioning	16
<b>JANUARY</b>	<b>UNIT-II-PERSONALITY</b> a. Nature, Definition and Misconceptions b. Freud's Psychoanalytical Theory of Personality c. Trait Approaches to Personality: Allport's approach, Cattell's 16PF, McCrae and Costa Big-5 d. Assessment Techniques-Behavioral, Projective and Self Report Inventories i) MMPI ii) CPI iii) Neo PI c. Applications: SWOT Analysis	16
<b>FEBRUARY</b>	<b>UNIT-III- MEMORY</b> a. Definition and process b. Types of memory - Sensory memory, c. Types of long-term memory- Procedural, Declarative (Episodic, Semantic), Explicit and Implicit d. Forgetting - Definition, Course of forgetting (Ebbinghaus' forgetting curve) Cause of forgetting. e. Application: Improving memory	16
<b>MARCH</b>	<b>UNIT-IV-INTELLIGENCE</b> a. Definition of intelligence b. Measurement of intelligence- Concept in measurement of intelligence c. Test of Intelligence-Binet, Stanford Binet, Wechsler d. Theories of intelligence - Spearman, Gardner, Sternberg e. Application: Early childhood intervention	07
	<b>TOTAL PERIOD</b>	<b>55</b>

  
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DEPT. OF PSYCHOLOGY

(Academic year 2022-2023)

## Teaching Plan

CLASS:- B.A. FIRST

Paper  
V

Psychology Practicum's: Experiments &  
Test

YEAR

SEM -I & II

Months	Topic / chapters	Period
JULY	<ul style="list-style-type: none"><li>➤ To create interest in psychological phenomenon.</li><li>➤ To develop awareness of psychological tools, techniques and tests.<ul style="list-style-type: none"><li>❖ Facial Expression</li></ul></li></ul>	15
AUGUST	<ul style="list-style-type: none"><li>➤ Test of Emotional Intelligence</li><li>➤ Illusion</li></ul>	15
SEPTEMBER	<ul style="list-style-type: none"><li>➤ Span of Attention</li><li>➤ Aggression Scale: G.C. Pati</li></ul>	20
DECEMBER	<ul style="list-style-type: none"><li>➤ Habit Interference</li><li>➤ Recall and Recognition</li></ul>	20
JANUARY	<ul style="list-style-type: none"><li>➤ Pass along Test</li><li>➤ Verbal Test of Intelligence</li></ul>	15
FEBRUARY	<ul style="list-style-type: none"><li>➤ Introversion-Extroversion Test</li><li>➤ Adjustment Test</li></ul>	20
MARCH	<ul style="list-style-type: none"><li>❖ Anxiety Test</li><li>➤ PRACTICAL EXAMINATION (University Level)</li></ul>	15
TOTAL PERIOD		120

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(Academic year 2022-2023)

## Teaching Plan




CLASS:- B.A. SECOND YEAR

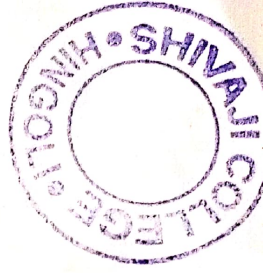
(Paper VII -Psychological Testing & Statistics Part-1)

SEM - III

Months	Topic / chapters	PERIOD
June	UNIT-I- USES AND IMPLICATIONS OF PSYCHOLOGICAL TESTING ➤ Functions of psychological tests ➤ Nature of a psychological test ➤ Controlling the Use of tests ➤ Test administration ➤ Examiner and situational variables	08
JULY	➤ Effect of training on test performance ➤ Social and ethical implication of testing ➤ Test anxiety and rapport ➤ Types of psychological tests UNIT-II- ITEM ANALYSIS ➤ Item difficulty ➤ Item discrimination ➤ Indices of item discrimination	14
AUGUST	➤ Item response theory ➤ Item analysis of speeded tests ➤ Cross validation ➤ Item-by-group interaction UNIT -III- FREQUENCY DISTRUBUTIONS ➤ Measurement in general ➤ Need for grouping	14
SEPTEMBER	➤ Preparation of a frequency table ➤ Graphic representations of the frequency distribution (A)Histogram (B) Frequency Polygon ➤ Smoothing a polygon UNIT -IV- MEASURES OF CENTRAL TENDENCY ➤ Mean & How Computation of the mean? (A)The long method and (B)The short or assumed mean method ➤ Median and its computation	12
OCTOBER	➤ Mode ➤ Uses of various measures of central tendency ➤ PRACTICE EXAMINATION	07
TOTAL PERIOD		55

  
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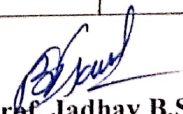
## Teaching Plan


CLASS:- B.A. SECOND YEAR

(Paper IX – Psychological Testing & Statistics Part-2)

SEM - IV

Months	Topic / chapters	PERIOD
NOVEMBER	UNIT- I- RELIABILITY OF PSYCHOLOGICAL TEST ➤ Definition ➤ The correlation coefficient ➤ Types of reliability: ➤ Test-retest reliability	12
DECEMBER	➤ Scorer reliability ➤ Reliability of speeded tests ➤ Factors affecting reliability coefficients Standard error of measurement UNIT -II- VALIDITY OF PSYCHOLOGICAL TESTS ➤ Meaning of validity ➤ Types of validity ➤ Comparison of validation procedures ➤ Validity	13
JANUARY	UNIT -III - MEASURES OF VARIABILITY ➤ Range ➤ Quartile deviation ➤ Average deviation ➤ Standard deviation ➤ Uses of the various measures of variability	13
FEBRUARY	UNIT-IV- MEASURES OF ASSOCIATION ➤ Meaning and types of coefficients of correlation. ➤ Rank Difference Correlation.	10
MARCH	➤ Product Moment Correlation (Ungrouped) ➤ PRACTICE EXAMINATION	07
TOTAL PERIOD		55

  
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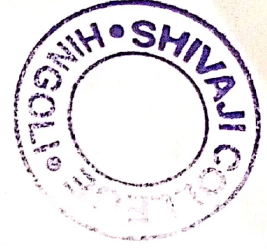
  
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# SHIVAJI COLLEGE HINGOLI

DEPTT. OF PSYCHOLOGY

(Academic year 2022-2023)

## Teaching Plan




CLASS:- B.A. THIRD YEAR

(Paper XI – Abnormal Psychology)

SEM -V

Months	Topic / chapters	PERIOD
JULY	Unit – I – Abnormal Behaviour in our Times ➤ What do we mean by abnormal behaviour? ➤ Dilemmas of Definition – ➤ Mental Disorders as Maladaptive behaviors. ➤ Classifying abnormal behavior – DSM. ➤ The problem of Labeling – Unresolved issues on classification.	09
AUGUST	Unit –II – Causal Factors and Viewpoints in Abnormal Psychology ➤ What causes Abnormal Behavior? Necessary, sufficient and contributory Causes Diathesis – Stress Models. ➤ The Biological Viewpoints -Biological Causal factors. ➤ The Psychosocial viewpoints – Psychosocial causal factors. ➤ The Socio-cultural viewpoint -Socio-cultural causal factors.	12
SEPTEMBER	Unit – III – Panic, Anxiety and their Disorders ➤ The Fear and Anxiety Response Patterns. ➤ Anxiety Disorders – Phobic Disorders. ➤ Obsessive – Compulsive Disorders. ➤ Treatment and Outcomes.	12
OCTOBER	Unit – IV – Somatoform and Dissociative Disorders ➤ Somatoform Disorder, Hypochondriacs. ➤ Conversion Disorder. ➤ Dissociative Disorder. ➤ Casual Factors in Somatoform and Dissociative Disorder. ➤ Treatment and Outcomes. ➤ PRACTICE EXAMINATION	12
TOTAL PERIOD		45

  
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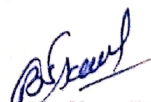
CLASS:- B.A. THIRD YEAR

( Paper XIII – Psychopathology )

SEM -VI

Months	Topic / chapters	PERIOD
NOVEMBER	UNIT- I- Mood Disorders ➤ Unipolar Mood Disorders – Normal Depression-Mild, Moderate, Major ➤ Depressive Disorder-bipolar disorder – schizoaffective disorder ➤ Causal Factors in Mood Disorders ➤ Treatment and outcomes.	07
DECEMBER	UNIT -II- Personality Disorders ➤ Clinical Features of Personality Disorders ➤ Causal Factors in Personality Disorders ➤ Antisocial personality and Psychology Causal Factors ➤ Treatment and outcomes	12
JANUARY	UNIT -III - Schizophrenias and Delusional Disorders ➤ The Schizophrenias, the clinical picture in schizophrenia ➤ subtypes of Schizophrenia – Causal Factors and Treatment ➤ Delusional Disorder – The Clinical picture and Causal factors ➤ Treatment and outcomes	12
FEBRUARY	UNIT-IV- Mental Retardation ➤ Level of mental Retardation – Brain Defects in Mental Retardation – ➤ organic Retardation syndrome Cultural ➤ Familiar Mental Retardation ➤ Treatment outcome and prevention.	12
MARCH	➤ PRACTICE EXAMINATION	02
TOTAL PERIOD		45

  
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**SEC**  
**Teaching Plan**

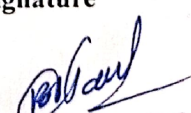
Class: - B.A. THIRD YEAR

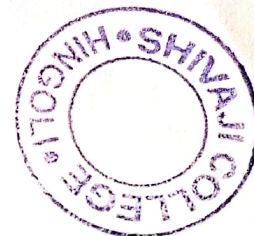
SEM -V

(Skills in Psychology-I)  
**SKILL ENHANCEMENT COURSE-III**

Months	Topic / chapters	PERIODS
JULY	<b>UNIT- I- UNDERSTANDING MOTIVATION</b> a) Understanding Your Needs b) Psychosocial Motives c) Achievement Motivation	12
AUGUST	d) Measurement of Achievement Motivation <b>UNIT- II- IMPROVING ACADEMIC PERFORMANCE</b> a) Developing Sound Study Habits b) Improving Your Reading – SQ3R Method	15
SEPTEMBER	c) Getting More Out of Lectures d) Measurement of Study habit <b>UNIT- III- ASSESSING YOUR PERSONALITY</b> a) Key Concepts in Psychological Testing b) Self Report Inventories	15
OCTOBER	c) Projective Tests d) Measurement of Personality	03
<b>TOTAL PERIODS</b>		<b>45</b>

  
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## SEC - Teaching Plan

Class: - B.A. THIRD YEAR

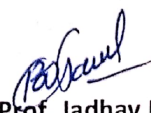
(Paper **Skills in Psychology-II**)

SEM -VI

### SKILL ENHANCEMENT COURSE-IV

Months	Topic / chapters	PERIODS
DECEMBER	<b>UNIT- I- ANXIETY DISORDER</b> a) Generalized Anxiety Disorder b) Types of Anxiety Disorder c) Etiology of Anxiety Disorder	12
JANUARY	d) Measurement of Anxiety <b>UNIT- II- BECOMING AN EFFECTIVE PARENT</b> a) Parenting Styles b) Towards Effective Parenting	15
FEBRUARY	c) Using Punishment Effectively d) Measurement of parenting/parent-child relationship <b>UNIT- III- MEETING PEOPLE</b> a) First Impression b) Mistaken Impression	15
MARCH	c) Shyness d) Measurement of Shyness - How Shy is you?	03
TOTAL PERIODS		45

  
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